

# **2021 Community Health Impact Report**



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# Improving community health is at the core of our mission



Samaritan Health Services collaborates with many local organizations to achieve our mission of "Building Healthier Communities Together." We stand ready to provide exemplary medical care to all those in need and we also support community-based efforts to help keep people healthy once they leave our facilities. We call this our community benefit commitment.

In 2020, Samaritan invested more than \$126 million in community benefit activities such as services for low-income individuals, assistance related to the COVID-19 pandemic and regional wildfires, health-related research, training for health professionals and grants to local nonprofits in support of health initiatives.

These investments are designed to help address priorities and gaps as identified through local Community Health Needs assessments and the resulting Community Benefit Implementation plans. The current focus of our investments is in the following priority areas:

- Healthy families.
- Greater access.
- · Better networks.
- · Healthy kids.
- · Healthy teens.
- · Healthy seniors.

As we complete these activities each year, we believe it's important to report back to the community regarding progress that has been made in each goal area. On the following pages, you'll find success stories as well as data that will help illustrate how we're partnering with many others in our region to build healthier communities.

Sincerely,

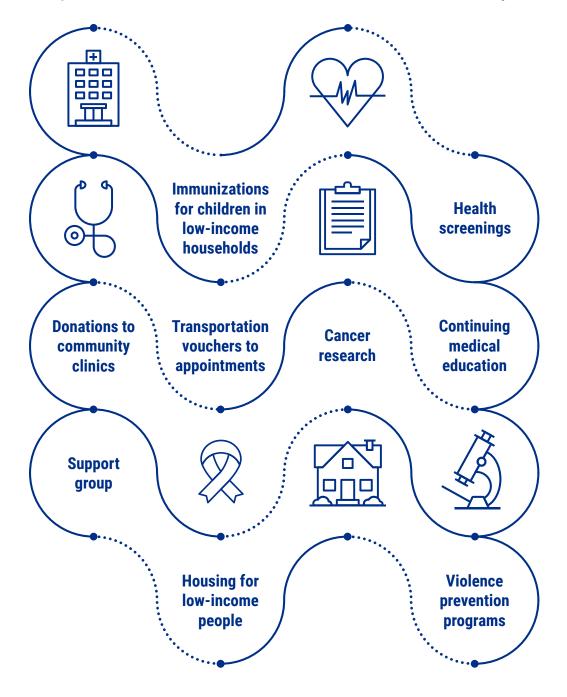
Doug

**Doug Boysen, JD, MHA**President & Chief Executive Officer
Samaritan Health Services

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### What are community benefits?

Community benefits are health care-related programs and services that Oregon's nonprofit hospitals provide — often with little or no compensation — to address critical health needs in the community.



# How Samaritan contributes to local communities

Learn more at MyOregonHospital.org



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**Above left**: Shyanne Bolton with the Boys & Girls Club of Albany and a teen member doing a cooking demonstration. **Above right**: The mobile ultrasound unit deployed by Options Pregnancy Center. **Below:** Elizabeth Reyes, Tina Moore and Kelley Schuske of Family Promise of Lincoln County.

## **Goal One: Healthy families**

# Increase physical activity, fitness and access to healthy, nutritious foods for children, youth and families

Kids in Albany have made new friends, learned new skills and developed into successful adults for years, thanks in part to the programs at the Boys & Girls Club of Albany. The club offers not just after-school activities, but also sports, academic programs and nutritious snacks.

"Currently, our primary focus is to provide academic support to our youth during distance learning," said John Andersen, executive director.
"Throughout the day, while the kids are on their brain breaks, they are given time for sports and recreation. With sitting and being logged into their computers all day, these kids need the opportunity to get their wiggles out and get moving. Many of our youth also do various cultural arts programs as a way to get their creative juices flowing."

Samaritan's Linn County Social Accountability Committee has contributed to the club for several years, most recently to the club's Triple Play Healthy Habits program. The club has used Samaritan funds to provide healthy snacks twice a day to kids in the club's programs.

Throughout 2020, the club served 11,550 snacks to its members. The club relied heavily on Samaritan funds for these snacks, as its normal funding was not available due to the COVID-19 pandemic.

"The funds from Samaritan allowed us to purchase multiple nutritional snack options for the kids we serve," Andersen said. "Kids have a hard time concentrating on their schoolwork when they are hungry. Taking that barrier away allows our kids to be successful in their virtual classrooms. We currently serve breakfast, lunch and two snacks to our members every day."

**Below:** Allison Wickline and young members of the Boys & Girls Club of Albany.



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#### **Goal two: Greater access**

# Increase access to medical, dental and mental health support and services in the community

Options Pregnancy Center strives to help women make life-affirming decisions, by removing barriers to access medical services. The center offers pregnancy testing, ultrasounds, prenatal vitamins and community referrals free of charge to women in Benton and Linn counties.

"We have trained nursing staff that do the testing and ultrasounds," said Karen Tameling, CEO. "We also offer individualized support for every patient throughout their pregnancy — and beyond, if they request it."

Based in Albany, Options has a mobile unit that currently parks in Corvallis once a week. Women in Corvallis can schedule an appointment at the unit for services, even an ultrasound. Samaritan's Benton County Social Accountability Committee has supported the mobile unit with grants for the past three years.

The COVID-19 pandemic forced Options to suspend appointments in the mobile unit for several months. However, Options was still able to serve 30 patients with 20 pregnancy tests, 18 ultrasounds, 13 bottles of prenatal vitamins and 17 specific community referrals. In addition to serving many women in Linn County from the Albany location, the facility also served women from Benton County with 10 pregnancy tests, six ultrasounds, seven bottles of vitamins and 15 community referrals.

"Samaritan's support allows us to focus on providing much-needed services in our community without figuring out how to pay for it," Tameling said. "Without Samaritan, we would have to provide our services on a more limited basis."

**Below:** Athena Jennings and Megan Mason aboard the Options Pregnancy Center mobile ultrasound unit.



#### **Goal three: Better networks**

#### **Increase social supports for families**

Children and families in Lincoln County experiencing homelessness can find help with Family Promise of Lincoln County, which offers shelter and meals, case management focused on parenting and financial literacy and a day care center. Local mental health counselors also help families in the program.

"Normally we partner with local churches to utilize their buildings and volunteers, but with the COVID-19 pandemic and state guidelines, we don't anticipate being able to use the churches until the summer of 2021," said Elizabeth Reyes, executive director. "While we can't have as many families at a time, we are able to still provide shelter at our day center in Lincoln City, along with showers, laundry facilities, a kitchen and play area."

Samaritan's Social Accountability Committee in Lincoln County has recognized Family Promise's great work with grant funding for several years. In 2020, the committee provided funding for the program's staff to continue training in the Nurturing Parent program,



Trauma Informed Care, Nervous ReSet, financial education and other programs that Family Promise offers to its clients.

In 2020, Family Promise used Samaritan's grant to shelter three families at a local hotel, while staff updated the day center to meet state COVID-19 regulations to continue safely serving families. The grant also provided food boxes to 173 people in 40 families, as well as emergency shelter and comprehensive resource navigation for 43 people in 15 families displaced by the Echo Mountain Fire.

The organization also sent its staff to multiple trainings, through which they were able to counsel 13 families in financial planning, 41 people in Darkness to Light child abuse awareness workshops. They also trained 43 new volunteers on how to use 211 and other community resources to become bootson-the-ground advocates within their own community.

"Samaritan's grant was crucial for us to help meet our clients' needs during a challenging year in 2020," Reyes said. "Without the 2020 grant, our staff would be further behind in education and certification. We would be unable to offer virtual life skills classes, like parenting and financial literacy."

**Left:** Tina Moore and a client family at Family Promise of Lincoln County.

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**Above:** Marisa Hayner with Brandon Butler, Barak Daniels and Xander Hartsood of Safe Families for Children of Lincoln County.

### **Goal four: Healthy kids**

#### Increase services and supports for children

Research has shown that children do best when they are able to stay with their families. When family dynamics break down, Hearts with a Mission of Lincoln County is there to provide emergency shelter for children in these situations.

"We are the implementing agency of Safe Families for Children (SFFC) in Jackson, Josephine and Lincoln counties," said Marisa Hayner, who coordinates the SFFC program in Lincoln County for Hearts with a Mission. "SFFC provides youth with a safe place to live when returning home is not an option for legal or safety reasons. We recruit host homes to accommodate children with the intention of keeping families together."

Hayner coordinates host homes for children referred by the state, schools and health care providers. Samaritan's Lincoln County Social Accountability Committee has awarded grants in 2020 and 2021 for Hearts with a Mission to hire a family coach supervisor to assist the parents through their issues with the goal of reuniting them with their children.

In 2020, Hearts with a Mission of Lincoln County assisted children in crisis with more than 1,700 nights of shelter. Altogether the agency supported 80 children in 70 families.

"Through our staffing, we are able to recruit high volumes of volunteers and serve more struggling families in crisis," Hayner said. "With Samaritan's support and the help of volunteers, we are able to provide much-needed support to parents in crisis, giving them time to get their lives stabilized while their children are cared for in a safe and nurturing environment."

## **Goal five: Healthy teens**

#### Increase services and supports for adolescents

Sometimes, it just takes one person to make a difference in the life of a troubled youth. Faith, Hope and Charity works with youth in the juvenile justice system, with recent successes that include a governor's pardon for one youth and a promising business career for another.

"Our mission is to assist individuals and families to thrive and become successful," said Frederick Edwards, executive director. "That comes by way of mentoring and coaching these kids. Our goal is to reach them before they get confused and end up in trouble."

Samaritan's Social Accountability program has partnered with Faith, Hope and Charity with recent grants coming from the Benton County-based granting committee. The organization was able to serve 35 youth through 110 events and encounters in 2020, ranging from a basketball tournament at MacLaren Youth Correctional Facility to entrepreneurship classes and individual mentoring.

"We have been able to take the kids to the zoo in Portland, the Oregon Museum of Science and Industry and other day trips," Edwards said. "We got to take the kids behind the scenes at the zoo to learn about careers in wildlife and animal care. Without Samaritan's grants, we would be at a standstill and trips like this would not have been possible."



**Above:** Frederick J. Edwards (back row), parent volunteer Shelia Thompson and the youth of Faith, Hope and Charity.

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## **Goal six: Healthy seniors**

# Increase social supports for seniors residing in the community

Seniors looking for volunteering opportunities need look no further than the Oregon Cascades West Council of Governments (OCWCOG). The agency offers seniors the chance to connect with kids who need someone to count on, as well as other seniors who can't leave their homes.

"We constantly see relationships develop through these programs," said Alicia Lucke, who manages the programs for OCWCOG.

In the Foster Grandparent tutor program, after five years, many tutors now have their own special desk in a classroom with the same teacher each year and are a familiar, safe face at school for many students.

Likewise, Senior Companions have grown to fill physical and emotional needs gaps in the lives of their senior clients. "Many of our clients are without family nearby and our volunteers serve as their emergency contact. Having that relationship established before COVID-19 and the recent wildfires has helped us to better triage food insecurity and health needs of some of our most vulnerable this past year," said Lucke.

Samaritan's Social Accountability committees in all three counties have awarded grants to these programs for several years. In 2020, the grants allowed the local Senior Corps programs to serve the following:

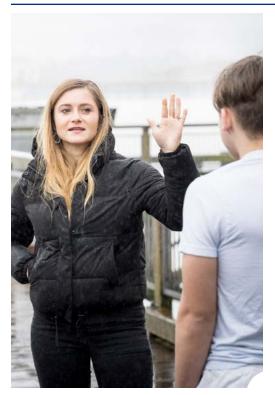
- In Benton County, 25 kids and 11 homebound seniors.
- In Lincoln County, 19 kids and 17 homebound seniors.
- In Linn County, 19 kids and 45 homebound seniors.

"Research shows that Senior Corps volunteers were healthier, less depressed and less socially isolated than those who did not serve. As a result, 88% reported fewer feelings of isolation, 84% reported stable or improving health and 78% reported fewer symptoms of depression," Lucke said.

"Samaritan's grants allow us to continue to offer these opportunities to senior volunteers so that they can serve both youth and homebound seniors in Benton, Lincoln and Linn counties in a meaningful, cost-effective way," she noted.



Senior Corps coordinator Alicia Lucke and volunteer Diane Van Orden.







**Above left:** Marisa Hayner with a client from Safe Families For Children; **Above right:** A teen from Faith, Hope and Charity; **Below:** Diane Van Orden of Senior Corps delivers food to Monalee Wilson of Albany.

### **Financial overview**

- 1. Charity care is the estimated cost of providing discounted or free services to patients that qualify for financial assistance.
- 2. Public programs include Medicare, Medicaid and other programs sponsored by the government. Unpaid costs are the estimated costs of care in excess of reimbursement from these government programs.
- 3. Community health improvement services are free services offered to the community, such as classes, clinics and workshops.
- 4. Health professions education includes the cost of training programs for students pursuing health care careers.
- 5. Subsidized health services are the estimated cost of providing certain clinical services despite a financial loss, because the service meets a community need. Examples

- include emergency and trauma care, behavioral health services and hospice care.
- 6. Cash and in-kind contributions are grants given to individuals in need and charitable organizations in the community.
- 7. Research includes the costs associated with clinical trials whose results are made available to the public.
- 8. Community building activities include programs, such as the Samaritan Early Learning Center, designed to address the root causes of health problems.
- 9. Community benefit operations are costs required to conduct and coordinate community benefit activities.

Community benefit costs	2020	2019
Charity care	\$12,516,000	\$14,199,000
Unpaid costs of public programs	\$81,525,000	\$112,054,000
Community health improvement services	\$2,619,000	\$2,961,000
Health professions education	\$5,698,000	\$7,603,000
Subsidized health services	\$16,964,000	\$11,271,000
Cash and in-kind contributions	\$2,611,000	\$3,155,000
Research	\$336,000	\$449,000
Community building activities	\$3,744,000	\$2,255,000
Community benefit operations	\$322,000	\$537,000
Total	\$126,335,000	\$154,484,000



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